

# FAST HEARTS & SLOW TOWNS

Chorégraphes : Alison Biggs & Peter Metelnick – Novice Août 2019 – 32 comptes – 4 murs

Musique : Fast Hearts and Slow Towns – Midland

*Intro 40 temps environ*

## [1-8] Grapevine right, R chassé, L back rock/recover

- 1-4 Step R side, cross step L behind R, step R side, cross step L over R  
5&6 Step R side, step L together, step R side  
7-8 Rock L back, recover weight on R

## [9-16] Grapevine left with $\frac{1}{4}$ L & R fwd, L fwd rock/recover, L coaster

- 1-4 Step L side, cross step R behind L, turning  $\frac{1}{4}$  left step L forward, step R forward (9 o'clock)  
5-6 Rock L forward, recover weight on R  
7&8 Step L back, step R together, step L forward

## [17-24] R diag fwd, lock L behind R, R lock step fwd on diagonal, L fwd rock/recover, L chassé turning $\frac{3}{8}$ th left

- 1-2 On right diagonal step R forward, lock L behind R  
3&4 On right diagonal step R forward, lock L behind R, step R forward  
5-6 Rock L forward, recover weight on R  
7&8 Step L to left side, step R together, turning  $\frac{3}{8}$ th L step L forward (6 o'clock)

## [25-32] R fwd, $\frac{1}{4}$ L pivot turn, R cross shuffle, L side rock/recover, L behind/side/cross

- 1-2 Step R forward, pivot  $\frac{1}{4}$  left (3 o'clock)  
3&4 Cross step R over L, step L side, cross step R over L  
5-6 Rock L side, recover weight on R  
7&8 Cross step L behind R, step R side, cross step L over R

**ENDING:** To finish facing front wall on wall 10 execute counts 25-30 adding a  $\frac{1}{2}$  L turning coaster for counts 31&32 to face front!

*Cette chorégraphie est mise en page pour les adhérents Crazy Bulls se référer uniquement à la fiche originale du chorégraphe.*

*..... Et recommencez avec le sourire .....*